

# UroPoint Bladder Control Centers



**By Peter M. Knapp, Jr., M.D. &  
Gregory R. Wahle, M.D.**

Co-Medical Directors

**U**rinary incontinence and bladder control problems remain a menacing problem for many patients. It is estimated that at least 13 million people suffer from bladder control problems in the U.S. Women are affected most often, but children and adult men can also be afflicted. Symptoms can include urinary frequency, urinary urgency, nighttime urination, urinary incontinence, slow urinary stream and incomplete bladder emptying. Causes may include overactive bladder (OAB), pelvic prolapse with cystocele, neurogenic bladder secondary to stroke, TIA or other neurological disorders, diabetes or bladder outlet obstruction often found in men with an enlarged prostate. The treatment of these symptoms depends on the underlying cause and may be different for each patient.

Patients often believe these symptoms to be a natural consequence of aging. As a result, they tend to be reluctant to discuss them and even more reluctant to seek treatment. When they do, it is often with embarrassment that requires time and care on the part of the provider to gain trust and understanding.

The physicians of Urology of Indiana recognized the growing need to expand and deliver services designed for women by providing compassionate, comprehensive and convenient access to evaluation, diagnosis and treatment of urinary incontinence and overactive bladder.

In 2003, UroPoint Bladder Control Centers were opened as a division of Urology of Indiana. The centers specialize in the diagnosis and treatment of all types of bladder control problems and symptoms. Our team of doctors and nurses carefully gather patient history, and with the help of specialized tests, determine a diagnosis and treatment plan designed specifically for each patient.

UroPoint Bladder Control Centers are equipped with the most advanced diagnostic equipment available, and our clinical team of physicians and physician assistants are experts in:

- Evaluation and education;
- Behavior modification and medication;
- Physiotherapy and biofeedback training;
- Minimally-invasive surgical repair;
- Pelvic reconstructive surgery;
- Neuromodulation (InterStim
- Therapy and Posterior Tibial Nerve Stimulation).

At the first appointment, our clinical team takes the time to evaluate the patient and provide education related to diet and behavior modification, medication and physiotherapy, depending on the individual needs of each patient. If surgery is required, our urologists and urogynecologists are experienced in the

most recent surgical therapies, including sling procedures, neuromodulation therapy, pelvic reconstructive surgery, da Vinci™ robotic laparoscopy, artificial urinary sphincters, and minimally invasive treatment for enlarged prostate in men, including microwave and laser procedures.

Symptoms related to urinary incontinence can create significant quality of life issues for those who suffer them. Through UroPoint Bladder Control Centers, we can help. If you have patients who might benefit from these services, please call 1-866-786-5804 to schedule an appointment.

**Urologists**

- Teresa D. Beam, M.D.
- Richard M. Bennett, III, M.D.
- Glen A. Brunk, M.D.
- W. Terry Jones, M.D.
- Peter M. Knapp, Jr., M.D.
- Andrew E. Moore, M.D.
- Neale A. Moosey, M.D.
- David M. Scheidler, M.D.
- Gregory R. Wahle, M.D.

**Urogynecologists**

- Kathryn A. Copeland, M.D.
- Martina F. Mutone, M.D.

**Physician Assistants**

- Melissa A. Jones, PA-C
- Ashley M. Quade, PA-C
- Jyoti Singh, PA-C

**Locations**

- Avon
- Carmel
- Greenfield
- Greenwood
- Indianapolis (3)
- Noblesville



**Peter M. Knapp, Jr., M.D.** is a graduate of Indiana University and the Indiana University School of Medicine. He completed his general surgery internship and urology residency at the University of Michigan Hospitals in Ann Arbor, Michigan. He entered private practice in July of 1985.

Dr. Knapp is certified by the American Board of Urology. He is a Fellow of the American College of Surgeons and a Clinical Associate Professor of Urology at Indiana University School of Medicine. He is a member of the American Urological Association, the Society for Urodynamics and Female Urology, the Endourologic Society, and the Society of Laparoscopic Surgeons.

Dr. Knapp has a special interest in female urology, urinary incontinence, and other bladder control problems in men, women, and children. He is a Medical Director of UroPoint Bladder Control Centers and is an instructor in the Female Medicine and Pelvic Reconstructive Surgery Fellowship at Indiana University School of Medicine.



**Gregory R. Wahle, M.D.** is a graduate of Northwestern University, in Evanston, Illinois, where received his BA in Economics with Highest Distinction. He earned his medical degree, with Highest Distinction, from the Indiana University School of Medicine, in Indianapolis. He completed his internship and residency in general surgery and his urology residency at Indiana

University School of Medicine. He completed a Fellowship in Female Urology, Neurourology, and Reconstructive Urology at the University of California Los Angeles Medical Center, in Los Angeles, California.

Dr. Wahle is board certified in urology and serves as Clinical Assistant Professor of Urology at the Indiana University School of Medicine. He is a member of the American Urologic Association, the Society for Urodynamics and Female Urology, the Societe Internationale d'Urologie-US Section, Society of University Urologists, and the Indianapolis Urologic Association, and he is a Fellow of the American College of Surgeons. His areas of special interest include videourodynamics, neurourology, and surgical treatment of incontinence and prolapse. Dr. Wahle is a Medical Director of UroPoint Bladder Control Centers.