“Sling” Procedure for Stress Urinary Incontinence

By Neale A. Moosey, M.D. & Peter M. Knapp, Jr., M.D.

When sneezing, coughing or laughing causes accidental leaks, the condition is known as Stress Urinary Incontinence (SUI). SUI can happen at any age and is surprisingly common - affecting one in three women at some point in their lives.

Treatment begins with physical therapy, including Kegel exercises. If exercise fails to stop the leakage, a “sling” procedure can be performed. “Sling” procedures are minimally invasive and involve placement of a synthetic mesh strip or bio-material under the urethra to provide support during physical activity or coughing and sneezing. Sling procedures are highly successful, in properly selected patients, with success rates of 85-95%.

Sling procedures are usually performed vaginally avoiding any visible incision scar. The minimally invasive procedure is performed as an outpatient in less than an hour and patients may return to driving and limited activity in a few days.

Sling procedures are a highly successful treatment option for patients with persistent SUI.

Neale A. Moosey, M.D. was born in LaPorte, Indiana. He graduated from Indiana University and earned his medical degree from the Indiana University School of Medicine. After his internship, he served as a general medical officer in the United States Air Force after which he completed his urology residency at the Indiana University Medical Center.

Dr. Moosey is certified by the American Board of Urology and is a Fellow of the American College of Surgeons. He is a member of the American Urological Association, the Indianapolis Medical Society, and the Indiana State Medical Association. His areas of special interest include female urinary incontinence, pediatric urology, disorders of the prostate and urologic oncology.

Peter M. Knapp, Jr., M.D. has a special interest in female urology, urinary incontinence, and other bladder control problems in men, women, and children. He is a Medical Director of UroPoint Bladder Control Centers and is an instructor in the Female Medicine and Pelvic Reconstructive Surgery Fellowship at Indiana University School of Medicine.